

SAVE THE DATE!



AGING WELL, LIVING WELL AROOSTOOK EXPO

TUESDAY, MAY 15, 2018

9:00 AM – 3:00 PM

NORTHERN MAINE COMMUNITY COLLEGE
SMITH WELLNESS CENTER

Join friends from across Aroostook to celebrate aging and living well. Hear from over twenty presenters as they share knowledge, tips, and skills to remain independent, active and involved in your community. Visit the exhibition area to connect with key area resources and services. Have lunch and enjoy local musical talent. And, much more!

Brought to you through a collaboration of the following area organizations.



Registration opens on April 1st. For more information, please contact the Aroostook Agency on Aging at 764-3396.