

Benefit Checklist for Maine as of January 2025

For Couple/Two-Person Household

- Our monthly income is **less than \$3,408** and one of us is at least age 60 or disabled. We have less than \$5,000 in liquid assets. We may be eligible for the **Food Supplement Program (formerly food stamps)**. Contact Maine Department of Health and Human Services – Fort Kent 1-800-432-7340; Caribou 1-800-432-7366; or Houlton 1-800-432-7338 for an application.
- One or both of us are at least 60 or older and disabled. We are both homebound and have difficulty making meals.** We may be eligible for **Meals on Wheels**. To determine eligibility please call Aroostook Agency on Aging 1-800-439-1789 or 207-764-3396.
- Our monthly income is **less than or equal to \$2,643** and we are both 60 years or older. We may be eligible for **Maine Commodity Supplemental Food Program**. Please call Catholic Charities of Maine 207-493-8919
- Our monthly income is **less than \$3,851**. We may be eligible for the **Home Energy Assistance Program (HEAP)**. *Out-of-pocket medical expenses can sometimes be subtracted to lower our monthly income.* Call Aroostook County Action Program at 1-800-585-3053 or 207-768-3053 to schedule an appointment.
- Our monthly income is **less than \$3,261** and we are **at least age 62 or disabled**. We have **less than \$75,000** in liquid assets. We may be eligible for the **Drugs for the Elderly and Disabled (DEL)** a prescription drug benefit. Our income may be higher if we are spending 40% of our income on prescriptions.
- Our monthly income is **less than \$1,763** and we are **both 65 or older and have a disabling condition** per the criteria of the Social Security Administration. We have **less than \$3,000** in liquid assets. We may be eligible for **MaineCare for the Aged, Blind and Disabled**. *We cannot be eligible for Medicare Part A or B, or eligible in another coverage group.* Contact DHHS to learn more.

Benefit Checklist for Maine as of January 2025

For Couple/Two-Person Household

- Our monthly income is **less than \$4,407** and we are **enrolled in Medicare**. We may be eligible for the **Medicare Savings Program (Buy-In)**. Our income can be higher if we are working or if only one spouse applies. **DHHS determines eligibility for these programs**. Please call the Agency to learn more.

- Our monthly income is **less than \$6,169**, we spend **more than 5%** of our income on prescription drugs or **15%** on medical expenses. We may be eligible for **Maine Rx Plus**. We cannot combine this benefit with MaineCare or the Special Benefit Waiver. Unlike the DEL program, the RX Plus program does not consider our assets. Please call the Agency to learn more.
 - * *The Low-Cost Drugs for the Elderly or Disabled and Maine Rx Plus Programs give a discount on prescription drugs only. They do not substitute for insurance coverage.*

 - * *Liquid Assets include cash or other resources that can be converted to cash on demand.*